ARCHER'S REFERENCE

The Archer's Reference was put together in June 1999 as a reference booklet for the members of Balbardie and Grange archery clubs. The content contained within it is taken from the internet, books, magazines, coaches, and other archers, and is the culmination of many years of experience.

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Archery is a very personal sport, and all comments within the manual should be regarded as suggestions rather than rules. Start with the basics, and then find your own way to the gold.

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